

BIOPSYCHOSOCIAL HISTORY

PRESENTING PROBLEMS **Presenting problems**

Duration (months)

Additional information:

CURRENT SYMPTOM CHECKLIST (Rate intensity of symptoms currently present)

None = This symptom not present at this time • Mild = Impacts quality of life, but no significant impairment of day-to-day functioning Moderate = Significant impact on quality of life and/or day-to-day functioning • Severe = Profound impact on quality of life and/or day-to-day functioning

	None	Mild	Moderate	Severe		None	Mild	Moderate	Severe		None	Mild	Moderate	Severe
depressed mood					bingeing/purging					guilt				
appetite disturbance					laxative/diuretic abuse					elevated mood				
sleep disturbance					anorexia					hyperactivity				
elimination disturbance					paranoid ideation					dissociative states				
fatigue/low energy					circumstantial symptoms					somatic complaints				
psychomotor retardation					loose associations					self-mutilation				
poor concentration					delusions					significant weight gain/loss				
poor grooming					hallucinations					concomitant medical condition				
mood swings					aggressive behaviors					emotional trauma victim				
agitation					conduct problems					physical trauma victim				
emotionality					oppositional behavior					sexual trauma victim				
irritability					sexual dysfunction					emotional trauma perpetrator				
generalized anxiety					grief					physical trauma perpetrator				
panic attacks					hopelessness					sexual trauma perpetrator				
phobias					social isolation					substance abuse				
obsessions/compulsions					worthlessness					other (specify)				

EMOTIONAL/PSYCHIATRIC HISTORY **Prior outpatient psychotherapy**? No Yes If yes, on _____occasions. Longest treatment by _ for _____ sessions from _____ to / Month/Year Provider Name Month/Year Prior provider name City State Phone Diagnosis Intervention/Modality Beneficial? Has any family member had outpatient psychotherapy? If yes, who/why (list all):_____ No Yes Prior inpatient treatment for a psychiatric, emotional, or substance use disorder? If yes, on _____occasions. Longest treatment at _ No Yes from to /____ Name of facility Month/Year Month/Year Inpatient facility name City State Phone Diagnosis Intervention/Modality Beneficial?

Patient name	Patient ID#	Patient SS#	Da	ite Page	
Has any family member No Yes who/why (list all):	had inpatient treatment for a psych			f yes,	
	ropic medication usage? If yes: sage Frequency Start date End	-		Beneficial?	
Has any family member u No Yes	sed psychotropic medications? If ye	es, who/what/why (list	all):		
FAMILY HISTORY FAMILY OF ORIGIN					
Present during childhood: Present Presen entire part o childhood childh mother	f present \Box separated for _	h other years years	occupation	Mother	
father Image: Stephother stephother Image: Stephother brother(s) Image: Stephother sister(s) Image: Stephother other (specify) Image: Stephother	Image: model Image: model Image: model Image: model Image: model <td>d times ed with someone l with someone ed for years at mother's death</td> <td>general health Describe childhood fam outstanding home en normal home enviro chaotic home enviro witnessed physical/v</td> <td colspan="2">mily experience: environment ronment</td>	d times ed with someone l with someone ed for years at mother's death	general health Describe childhood fam outstanding home en normal home enviro chaotic home enviro witnessed physical/v	mily experience: environment ronment	
Age of emancipation from home:	Circumstances:				
Special circumstances in childhood	:				
IMMEDIATE FAMILY					
Marital status: single, never married engaged months married for years	Intimate relationship: never been in a serious relation not currently in relationship currently in a serious relationship	ship Name	ersons currently living in J Age Sex		
 divorced foryears separated foryears divorce in process months live-in foryears prior marriages (self) prior marriages (partner) 	Relationship satisfaction: very satisfied with relationship satisfied with relationship somewhat satisfied with relatio dissatisfied with relationship		ren <u>not</u> living in same hou		
	very dissatisfied with relationsl		of visitation of above:		
Describe any past or current signifi	icant issues in <u>intimate</u> relationships	S:			
Describe any past or current signifi	icant issues in other <u>immediate fami</u>	ily relationships:			

Patient name	I	Patient ID#	Patient SS#		Date	Page
MEDICAL HISTORY (che	ck all that apply for pati	ent)				
Describe current physical	health: Good	Fair 🗌 Poor			he following in t	the family:
			tuberculosis		heart disease	
List name of primary care			birth defects		high blood pres	ssure
Name	Phone		emotional problem ended] alcoholism] drug abuse	
List name of psychiatrist:	(if any).		thyroid prob		diabetes	
Name					Alzheimer's dis	ease/dementia
			mental retar		stroke	
List any medications curre	ently being taken (give	dosage & reason):	other chroni	c or serious he	ealth problems	
			Describe any s	erious hosnits	lization or accid	dents
			Date			
List any known allergies:			Date	Age	Reason	
			Date:	Age	Reason	
List any abnormal lab test						
Date R	esult					
Date R	esult					
SUBSTANCE USE HIS	TORY (check all that a	pply for patient)				
Family alcohol/drug abuse	history:	Substances used:			Current Use	
i anny account and a source		(complete all that apply)	First use age	Last use age	(Yes/No) Frequ	uency Amount
father step	parent/live-in					
	e(s)/aunt(s)	amphetamines/spee	d			
grandparent(s) spou		barbiturates/owners				
\Box sibling(s) \Box child		caffeine				
other					<u></u>	
G I 4		crack cocaine	L (ID)			
Substance use status:		hallucinogens (e.g.,			<u></u>	
no history of abuse		inhalants (e.g., glue marijuana or hashis				
\square active abuse		nicotine/cigarettes				
early full remission						
early partial remission		prescription				
sustained full remission		other				
sustained partial remissi	on					
		~ • •				
Treatment history:		Consequences of subs	tance abuse (check all	that apply):		
outpatient (age[s]			thdrawal symptoms		disturbance	binges
inpatient (age[s]			edical conditions	assaul		🔲 job loss
□ 12-step program (age[s]			lerance changes		al impulse	arrests
<pre>stopped on own (age[s] other (age[s]</pre>		□ overdose □ lo □ other	ss of control amount us		onship conflicts	
describe:						
deserroe.						
DEVELODMENTAL III	CTODY (alt a sla sll dhad		(and a stimut)			
DEVELOPMENTAL HI	· · · · · · · · · · · · · · · · · · ·	^ ^ ·	- · · ·			
Problems during	Birth:	Childhood h		_		
mother's pregnancy:	normal delivery	—	ox (age)		l poising (age	
none	difficult delivery	German n	neasles (age)	🗌 mu	nps (age)
high blood pressure	cesarean delivery	red measl	es (age)	🗌 dipl	htheria (age)
kidney infection	complications		e fever (age)		iomyelitis (age	
German measles	-	whooping	g cough (age)		umonia (age	
emotional stress	birth weightlt	os <u>oz</u> . scarlet fev	/er (age)		erculosis (age)
		autism		mer	ntal retardation	

Patient name	Patient	ID#	Patient SS#	Date	Page
□ alcohol use □ drug use □	nfancy:] feeding problems] sleep problems] toilet training problems	significant i	ns 🗌 a njuries ious health problems		- - -
Delayed developmental milest those milestones that did not or			wior problems (check all that ap		
rolling over standing walking feeding self speaking words speaking sentences	 controlling bowels sleeping alone dressing self engaging peers tolerating separation playing cooperatively riding tricycle riding bicycle 	 drug use alcohol abuse chronic lying stealing violent temper fire-setting hyperactive animal cruelty assaults others disobedient 	 bizarre behavior self-injurious threats frequently tearful 	s distrustful extreme worrier self-injurious acts impulsive easily distracted poor concentration often sad breaks things other	-
Social interaction (check all th	at apply):	Intellec	tual / academic functioning (ch	neck all that apply):	
isolates selfvery shy	 inappropriate sex play dominates others associates with acting-o other 	ut peers learn	nal intelligence authority intelligence attention ning problems underach or highest education level	problems moderate r nieving severe retain	etardation rdation
Describe any other developme	ental problems or issues: _				
SOCIO-ECONOMIC HIST	OPV (aback all that apply	for notiont)			
			C 11 . (
Living situation:	Social support sys		Sexual history:	□	- C - 1
housing adequate	\Box supportive netv	VOTK	heterosexual orientation	currently sexually dissati	
homeless	few friends	1.0.1	homosexual orientation	\square age first sex experience	
housing overcrowded	substance-use-t	based friends	bisexual orientation	age first pregnancy/fathe	
dependent on others for hou	-		currently sexually active	 history of promiscuity ag history of unsafe sex age 	
housing dangerous/deteriora		nily of origin	currently sexually satisfied		
living companions dysfunct	ional Military history:		Additional information:		
Employment:	never in militar	V	Cultural/spiritual/recreationa	d history:	
employed and satisfied	served in milita	-	cultural identity (e.g., ethnicity		
employed but dissatisfied		ry - with incident	· · · · · · · · · · · · · · · · · · ·		
unemployed out dissuisified			describe any cultural issues that	t contribute to current problem	
coworker conflicts				to carrent problem	
supervisor conflicts	Legal history:		currently active in community/	recreational activities? Yes	
unstable work history no legal 1		ms	formerly active in community/r		
disabled:	- • ·		currently engage in hobbies?] No 🗌	
Financial situation: no current financial problem large indebtedness poverty or below-poverty in 	arrest(s) not sul arrest(s) substant court ordered th jail/prison	bstance-related nce-related nis treatment time(s)	currently engage in noboles? currently participate in spiritua if answered "yes" to any of abo	l activities? Yes ve, describe:] No 🗌
impulsive spending	describe last le	gal difficulty:	_		
relationship conflicts over f			_		

Patient name	Patient ID#	_ Patient SS#	Date	Page
SOURCES OF DATA PROVIDED A below):	BOVE: Patient self-report for all	A variety of sources (if so, o	check appropriate source	es
Presenting Problems/Symptoms	Family History	Development	al History	
patient self-report	patient self-report	patient self	f-report	
patient's parent/guardian	patient's parent/guardian	patient's pa	arent/guardian	
other (specify)	other (specify)	other (spec	cify)	
Emotional/Psychiatric History	Medical/Substance Use History	Socioeconomi	ic History	
patient self-report	patient self-report	patient self	f-report	
patient's parent/guardian	patient's parent/guardian	patient's pa	arent/guardian	
other (specify)	other (specify)	other (spec	cify)	